

April Jervis

From: Local First Chicago [info@localfirstchicago.org]
Sent: Thursday, October 01, 2009 6:01 AM
To: april@localfirstchicago.org
Subject: Chicago Happenings - October 2009 + Bonus Maternity Directory!

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Chicago Happenings

[October 2009](#)

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Dear Readers,
In honor of my daughter's arrival I've compiled a special maternity list of local & member businesses. Please share this with any pregnant or new parents you know!
Sincerely, April Jervis, Executive Director



Photo: Baby Constance

Maternity Directory

Announcements & Gift Baskets

[Candyality](#) @ 3425 N. Southport * (773) 472-7800 * candyality.com

[Chocolate Gourmet](#) @ 1635 W. Walnut * (312) 850-1051 * chocolategourmet.com

[Lidia Varesco Greetings](#) @ (773) 777-8517 * lsvgalleria.com

[Raw Creations](#) @ 8400 S. Roberts Rd, Justice (708) 212-8694 * raw-creations.com

Baby Registry & Gifts

[Fixture](#) @ 2108 W. Roscoe * (773) 244-3100 * shopfixture.com

[Green Genes](#) @ 5111 N. Clark * (773) 944-9250 * green-genes.com

[Healthy Green Goods](#) @ 702 Main St, Evanston (847) 864-9098 * HealthyGreenGoods.com

[Multiple Choices](#) @ 4612 N. Lincoln * (773) 334-6900 * shopmultiplechoices.com

[Needle Shop](#) @ 2054 W. Charleston * theneedleshop.net

Prenatal Care & Preparation

[A Woman's Place](#) @ 4650 N. Rockwell * (773) 539-9870 * awomansplacechicago.com

[First Peek Ultrasound](#) @ 1100 Lake St, Oak Park * (708) 870-0808 * OakParkUltrasound.com

[Kickin' Co](#) @ 2142 W. Roscoe St * (773) 281-6577

[Women and Children First Bookstore](#) @ 5233 N. Clark * (773) 769-9299 * womenandchildrenfirst.com

Rehabilitation & Relaxation

[Andersonville Physical Therapy and Pilates Studio](#) @ 5414 N. Broadway St * (773) 907-3599 * andersonvillept.com

[Continuum Studio](#) @ 5671 N. Clark St * (773) 728-7883 * continuumstudio.com

[Francine Kelley, RYT](#) @ (773) 531-8513 * francinekelley.com

[Know No Limits](#) @ 5121 N. Clark * (773) 334-4728 * know-no-limits.com

[Now Studio](#) @ 2141 W. Webster * (773) 276-5278 * nourhy.com

[Soothe Your Senses Day Spa](#) @ 6260 N. Broadway * (773) 262-4246 * sootheyoursenses.com

[Thousand Waves Spa for Women](#) @ 1212 W. Belmont * (773) 549-0700 * thousandwavesspa.com

Parenthood Stuff

[Bellybum Boutique](#) @ 4347 N. Lincoln * (773) 868-0944 * bellybumboutique.com

[Bubbles Academy](#) @ 1504 W. Fremont * (312) 944-7677 * bubblesacademy.com

[Gourmet Gorilla](#) @ 1629 N. Halsted * (877) 219-3663 * gourmetgorillainc.com

[Lakeshore Law Group](#) @ 333 N. Michigan Ave * (312) 321-6531 * lakeshorelawgroup.com

Saturday, October 3rd @ 6 pm: Ravenswood ArtWalk

Two day celebration of arts and industry in the Ravenswood corridor. This two day art celebration features the work of over 150 local artists in 60 different venues up and down the Ravenswood corridor. Many of the artists sell their work at this event.
[Ravenswood Ave](#) @ 4147 N Ravenswood, Chicago + www.ravenswoodartwalk.org

Wednesday, October 7th @ 5:30 pm: Sustain to Change

A sustainable event promoting Real Change in Chicago Public Schools. We're celebrating the sustainability of our local restaurants, performing arts, and AUSL efforts to support Chicago Public Schools.
[Chicago Cultural Center](#) @ 78 E. Washington St, Chicago

Sunday, October 11th @ 1 pm: Cajun Cooking from the Garden

Learn to use fresh produce from your garden or the farmers' market to make a delicious cajun meal. Space is limited! Pre-registration and pre-payment required for all workshops (contact Tina at: tina.howard@christywebber.com or 312.829.8200)
[Grand Street Gardens](#) @ 2200 W. Grand Ave, Chicago + www.grandstreetgardens.com

Wednesday, October 14th @ Noon: Songs of the Soul FREE concert

Victory's Banner is presenting a FREE concert, Songs of the Soul with sitarist Adesh Widmar at Unity in Chicago, 1925 W. Thome on Wednesday, October 14th, at 6pm and 8pm. To order free tickets, please call 773-248-8500
[Unity in Chicago](#) @ 1925 W. Thome, Chicago + www.songsofthesoul.com

Thursday, October 15th @ 6 pm: Fall Shopping Event

Fall Shopping night at the Denim Lounge in Roscoe Village. Come enjoy a wine tasting sponsored by Lush Wine and Spirits and receive 25% off everything in the store.
[The Denim Lounge](#) @ 2004 W. Roscoe, Chicago + www.madisonandfriends.com/denimlounge

Monday, October 19th @ 6:30 pm: Turn Your Passion and Purpose into a Paycheck

Learn how to present your skills, work history, and background in a way that gets your resume read. Learn skills and strategies to present yourself effectively in a job interview. We'll cover the critical elements of the resume, the application, the interview. Position yourself with confidence as the preferred candidate for the job you want. Learn how to present yourself with confidence. \$20 Fee due at Registration. Call to reserve your spot - 773-262-4246 or appt@sootheyoursenses.com. Class fee in non-refundable.
[Soothe Your Senses Day Spa](#) @ 6260 N Broadway, Chicago + www.sootheyoursenses.com

Monday, October 19th @ 8 am: Imagine Pediatric Therapy Opens Its Doors!

Imagine Pediatric Therapy offers PT, OT, and ST for children with special needs, autism, cerebral palsy, orthopedic conditions, language and speech disorders and other diagnosis. Our 3300 square foot facility is like no other in Chicago with amazing therapists.
[Imagine Pediatric Therapy](#) @ 606 W. Roosevelt Rd, Chicago + www.imaginepeds.com

Tuesday, October 20th @ 8 pm: Meditation Classes

If you are seeking to learn about meditation or further your practice, you are welcome. Space is limited. Class cost is \$75 for six weeks. Class fee must be paid at the time of reservation. Reserve your spot by calling 773-262-4246 or appt@sootheyoursenses.com.
[Soothe Your Senses Day Spa](#) @ 6260 N. Broadway, Chicago + www.sootheyoursenses.com

Wednesday, October 21st @ 6 - 8 pm: Mingle & Meet the Experts

Network with Local Business Owners & Speak to Local Experts in Online Marketing. This event is free and open to the public. A donation of \$5 is appreciated. RSVP to info@localfirstchicago.org is appreciated but not required.
[Via Veneto Ristorante](#) @ 6340 N. Lincoln Ave, Chicago

Friday, October 23rd @ 5 pm: Moonlight Madness

A night of progressive sales, percentage changing by the hour.
[Downtown Downers Grove](#) @ Main St, Downers Grove + www.downtowndg.org

Thursday, October 29th @ 5 pm: Reverse Trick or Treating Kids Workshop!

Bring your kids to learn about Reverse Trick or Treating this Halloween! A pleasant surprise will greet nearly a quarter million people distributing candy at their door, when youth reverse the Halloween tradition to hand adults a sample of vegan-friendly, Fair Trade dark chocolate. Greenheart has chocolates and info postcards for your kids. Learn how Tricker Treaters can unite to end poverty among cocoa farms, end child labor in the cocoa industry, protect the environment, and promote fair trade!
[GreenHeart Shop](#) @ 1911 W. Division, Chicago + www.greenheartshop.org

[Madison and Friends](#) @ 43 E. Oak St. * (312) 642-6403 *
madisonandfriends.com

[Maddy's Organic Meals](#) @ (773) 427-0714 *
maddysorganicmeals.com

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