

April Jervis

From: Local First Chicago [info@localfirstchicago.org]
Sent: Sunday, November 01, 2009 5:00 AM
To: April Jervis
Subject: Chicago Happenings - November 2009

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<http://www.localfirstchicago.org>

Chicago Happenings

[November 2009](#)

Membership Survey

If you have not yet completed our Membership Survey please do so today. It's very short. [Click here](#) to get started!

Networking?

If you're a local business owner looking to network then join [Local First Chicago's LinkedIn Group](#) today!

On Facebook?

We are too! Become a Fan of Local First Chicago. Join our online [Facebook group](#) managed by [Big Teeth Productions](#).

New to Local First Chicago?

Find out why to shop local by checking our PSA; 10 Reasons to Shop Locally Owned, Independent Businesses. It was produced by one of our sponsors, [Big Teeth Productions](#). Enjoy!

Support Local First Chicago's efforts!

Donate today to sustain Local First Chicago into 2010! [Your donation makes a difference!](#) Thank you for your support!

Holiday Shopping

Remember this holiday season to look for the Local First Chicago decal in businesses' windows to know you're shopping locally. Need to find a local shop? Check out our online directory on our [homepage](#). You can search by neighborhood, keyword, or category. This amazing site was created by one of our sponsors, [Orbit Media Studios](#). Enjoy and happy shopping!

Sunday, November 1st @ 10:30 am: Toddler CPR & Safety

Do you know what to do when your TODDLER is choking, gets burned, can't breath...Every parent should take this class! Pre-Registration Required to 773-868-0944. \$65 Per Person. Many more classes at Belly Bum all month long can be found at [Local First Chicagos's online Calendar of Events](#). [Bellybum Boutique](#) @ 4347 N. Lincoln Ave., Chicago: www.bellybumboutique.com

Thursday, November 5th @ 7:15 pm: Healthy Back Pilates Class

This class begins on the 5th and is weekly for 6 weeks. In this class we will focus on the five basic principles of Stott Pilates and the Essential Exercises of the Matwork repertoire. The cost is \$72. Call 773-907-3599 to reserve your spot. [Andersonville Physical Therapy](#) @ 5414 N. Broadway St., Chicago: www.andersonvillept.com

Friday, November 6th @ 9 am - 9 pm: Asha SalonSpa Presents myEARTH360.com

Founder Lynn Hasselberger will give a tour of her products. A mini wine tasting begins at 5. Giveaways throughout the day. Reserve a salon or spa appointment between Nov 2 - 6 and mention myEARTH360.com - you'll get 20% any service. [Asha SalonSpa Streets of Woodfield](#) @ 601 N. Martingale, Schaumburg, IL 60173: www.myEARTH360.com

Sunday, November 8th @ 10:30 am: Free Infant Massage Workshop

Our Licensed Massage Therapist will take you through step-by-step instructions by breaking down the massage process into easy to follow directions. Infant massage provides vital bonding and health benefits. Reservation Required. [Soothe Your Senses Day Spa](#) @ 6260 N Broadway, Chicago: www.sootheyoursenses.com

Tuesday, November 10th @ 10 am - Noon: Free Small Business Marketing Class

Lake Shore Branding small business Internet Marketing workshops will provide you with the practices and hands-on exposure you need to walk away with the basic skills and knowledge on how to market your business online. The classes are offered from 10am to 12pm on November 10th, 12th, 14th, 17th, and 19th. [Manifest Digital Learning Center](#) @ 1023 W Fulton Market, Chicago: www.lakeshorebranding.com

Wednesday, November 11th @ 6 pm - 8 pm: Pinot Days Kick-Off Part

Six pinot noir producers will pour the fruits of their labor and uncommon ground will pair each wine with pinot-focused foods. Phone 773-465-9801 to reserve your spot. [Uncommon Ground](#), Devon @ 1401 W. Devon Ave, Chicago: www.uncommonground.com

Friday, November 13th @ 6 pm: Sweet Girl Dessert Tasting

Tara Lane and Dana Benigo, founders of Sweet Girl Desserts, are in the shop sampling their 4-star chocolate mousse! Yum! [Provenance Lincoln Square](#) @ 2312 W. Leland Ave, Chicago: www.provenancefoodandwine.com

Wednesday, November 18th @ 6:30 pm: A Taste of Fooditude

Brought to you by big teeth productions See, Taste and Tell what "Fooditude" is all about. Support Kid's TV with a Bite and enjoy great food while doing it. Help Fooditude, a Kids TV project centered around food, raise awareness, support and visibility. Enjoy music, a silent auction and food prepared by the chef's from restaurants and catering companies around Chicago. Buy Tickets at <http://www.fooditude.tv> [Architectural Artifacts](#) @ 4325 N. Ravenswood, Chicago: www.fooditude.tv

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